



SADAG's FREE #FacebookFriday  
Online Q & A



## Friday – 23 March “Ask the Doctor”

Want to know more about your Mental Health diagnosis or Substance Abuse? Do you have questions about Treatment, Symptoms or Side-effects?



1pm: Dr Ronell Williams (Psychiatrist)

7pm: Dr Antoaneta Slavova (Psychiatrist)

 Log in via [www.sadag.org](http://www.sadag.org)

 Facebook page: [The South African Depression and Anxiety Group](#)

 For more info: 0800 21 22 23, open 7 days a week, 8am-8pm

## #FacebookFriday Online Q&A

### Ask the Doctor

## 23 March at 1pm-2pm & 7pm-8pm

Just what the doctor ordered. Have you been recently diagnosed? Do you want to know more about the diagnosis of a loved one? Do you have questions regarding Treatment, Symptoms and Side-effects? Learn skills and helpful tips to monitor and manage your diagnosis, medication and treatment.

Join our FREE #FacebookFriday Online Q&A "ASK THE DOCTOR", Friday, 23 March. Simply visit our [Facebook page](#) to connect with the experts at 1 pm - 2 pm and again at 7 pm - 8 pm!

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## Meet the experts

### Dr Ronell Williams at 1pm-2pm

She is a Psychiatrist with a practice based in Cape Town. She has a special interest in Mood disorders, Depression, Bipolar Disorder, Anxiety, Neuropsychiatric Disorders, Women's Mental Health and Substance Abuse.



### **Dr Antoaneta Slavova at 7pm- 8pm**

She is a Specialist Psychiatrist with a practice based in Sandton, Johannesburg. She has a special interest in Age-related Mild Cognitive Impairment, Psychiatry in old age, Depression, Anxiety and Adjustment Disorder.



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**Click here to join the Chat**



For an opportunity to ask anonymous questions please email [newsletter@anxiety.org.za](mailto:newsletter@anxiety.org.za) and we will ask the question on your behalf.

For free telephonic counselling call SADAG on 0800 21 22 23, 7 days a week, 8 am - 8 pm or visit [www.sadag.org](http://www.sadag.org) for more information, self-help tips, online videos as well as local & international articles on various Mental Health issues.

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