

Mai&Guardian

Dr. Reddy's



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FREE LIVE WEBINAR

COVID-19 & BACK TO SCHOOL

**Supporting the emotional well-being of children,
learners, educators, staff and parents**

Friday 29 May 2020 from 1 - 2 pm

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FREE LIVE WEBINAR - FRIDAY 29 MAY 1pm - 2pm

COVID19 and Back-to-School

**Supporting the emotional well-being of children, learners,
educators, staff and parents**

Basic Education Minister Angie Motshekga announced that Grade 7 and 12 pupils would be returning to classrooms on 1st of June 2020, while teachers, on May 25. Motshekga assured the public that the government would be implementing safety measures to prevent the potential spread of the coronavirus in reopened schools.

“We are aware of the impact of the COVID–19 lockdown on families and society in general. It is unprecedented. As a result, an increase in social, mental, psychological and emotional difficulties among learners, educators and officials is anticipated, due to losses and trauma experienced through COVID–19.”

Angie Motshekga

Click here to join our free live webinar sponsored by Dr. Reddy's in association with the South African Depression and Anxiety Group (SADAG). We will discuss ways to support the emotional well–being of learners, educators, staff, parents and families who are understandably anxious, worried, fearful, stressed and uneasy about the reopening of schools whilst the infection rate of COVID–19 is alarmingly high.

Please join the free webinar and get guidance and info from the expert panel, as well as get your questions answered live.

[Click Here to Register for FREE](#)

Webinar Guest Speakers



Dr Sindi van Zyl - GP & radio host

Dr Sindi is currently a practicing General Practitioner. She is passionate about patients' rights, mental health and HIV. She has found a niche on social media and uses this platform to share important health information. She is often featured in articles, radio and tv interviews which focus on mental health awareness and destigmatisation. She is also a Board Member at

SADAG.



Candice Cowen - Clinical Psychologist

Candice works from a Cognitive Behaviour Therapy framework and has a special interest in treating child and adult anxiety based disorders as well as mood disorders such as depression and bipolar.



Dr Gloria Marsay - Educational Psychologist

Dr Gloria is a registered Educational Psychologist working in private practice and as a consultant to schools. She is a Research Fellow at the University of the Free State and a member of an International Research Network studying Social and Emotional Learning skills.

About Dr. Reddy's and SADAG

SADAG in partnership by Dr. Reddy's is hosting a series of M&G webinars to provide tips, tools, and coping measures for dealing with the psychological impact of COVID-19 and its unclear future. Their goal is to support all South Africans, of all ages, and especially those who already have existing health conditions, disabilities or a psychological diagnosis. <https://www.drreddys.com/>
<http://www.sadag.org/>

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